

GUIDE TO LANGUAGE STUDIES ABROAD

All you need to know before choosing
the best linguistic immersion experience

ynsitu



INDEX

Section 1	1
1. Reasons and benefits of learning a new language	1
2. Why is it better to learn it abroad?.....	1
3. The right choice of a language school abroad	2
4. Main types of language courses	4
5. Student Housing	10
6. Transfer services	12
7. Book your course / accommodation	13
Section 2	17
1. Review the information in your booking summary.....	17
2. Documents	19
3. Book your flight	20
4. Insurance	21
5. Money	22
6. Stay in touch	23
7. The suitcases	23
8. Language preparation.....	24
9. Take care of your health abroad.....	24
Section 3	25
1. How to get the most out of your language course abroad?	25
2. What to do after your great experience abroad?	26

Section 1

1. Reasons and benefits of learning a new language

Today, fluency in a second language is one of the most sought-after skills in business, whatever your area of expertise. We live in a multilingual world, where connections are more important than ever, and speaking another language fluently opens many doors on a personal and professional level.

In addition, there are multiple benefits to being bilingual: it can improve your memory and brain functions and can help you increase your understanding of the languages you already speak.

What are the main benefits of learning a second language?

- Helps develop your intelligence.
- Improves your ability to multitask.
- Gives you professional advantages.
- Gives you more social and global skills.
- Allows you to travel more and connect with other cultures.

2. Why is it better to learn it abroad?

Cultural immersion can be the fastest and most effective way to learn a new language. Not only you learn to speak it more fluently, but you also have the opportunity to learn about the culture of the country where you are studying. In addition, learning a new language in a place where it is spoken makes the experience more fun, memorable and exciting.

Here are 5 reasons why it's better to learn a language abroad:

1. You will be totally immersed in the language
2. You will have to use your new skills on a daily basis
3. You will make new friends from different cultures
4. You will live an incredible experience
5. It looks great on your CV

Where to learn a language?

Ynsitu offers you the best way to learn a language and finds the most suitable course for you. We have many different languages in more than 40 countries for you to learn from scratch or catch up with the knowledge you already have. You just need to do a quick search through the filters provided on our website to find what you are looking for: [quality language courses and affordable accommodation](#).

You can choose from hundreds of courses and accommodations all over the world, from general language courses to exam preparation and teacher courses. You can also choose to stay with a host family, in a residence or even share an apartment.

3. The right choice of language school abroad

Choosing the right school is the first and most important step in planning your next language learning trip. Ynsitu helps students choose the best school. We advise students to:

- **Compare the language courses** offered by each school through our search engine. Thanks to the filters on the left side of the results screen, you will be able to narrow your search in terms of price, classes per week, school rating, course type, etc. If you click on each course that comes up, you will be able to see much more information about the school, the timetable, facilities, location, nationality mix and even the types of accommodation they offer.

- **Check the quality seals** that have been accredited by recognized associations to ensure that the schools meet your expectations. At YNSITU we have a selection process, so the schools on our platform are accredited by different societies, for example the ones you can see below:



- **Read comments and ratings from other students** to learn about their personal experiences. This way, you can decide which school is right for you and where you will fit best. In the end, reading comments from people who have gone through the same things you have, not only helps you choose a good school, but also helps you imagine what your experience will be like there.
- **Pay attention to the location of the school** when deciding where you want to study, you should consider several things, but the most important is your personal preference. You may want to be in the center of the city, closer to the entertainment areas or you may find it better to be in the outskirts, in a more relaxed area with slightly more affordable accommodation options. At Ynsitu, we show you the exact address of each school, so you can check their location and make the right decision.

- **Pay attention to the size of the schools** as they vary greatly, from those with only a few classrooms to those with several buildings dedicated to language teaching. Generally, larger schools offer more services, such as libraries, cafeterias, laboratories, computer rooms, etc., as well as a wider range of class levels. On the other hand, in smaller schools you will find a close atmosphere and you will certainly be able to create deeper relationships with all the school staff.

4. Maintypes of language courses

At Ynsitu, we have a wide variety of courses for you to find the one that best suits you and your needs.

The first thing you should know is that, unless the school indicates that they are individual classes, they are group classes whose size depends on what the school decides, although they usually have a maximum of 12-15 students of different nationalities. This means that the groups are international, which is beneficial for the students, given they must communicate with their classmates in the language they are learning. If the course is taken in low season, it is likely that the number of students will be smaller than in high season.

On the other hand, before choosing the course, you will have to choose the intensity of the course, that is, the number of lessons per week. Please note that the duration of the classes varies according to the school.

- **General language courses**

These courses are mainly focused on improving fluency in a language. Classes train all skills: speaking, listening, reading comprehension and written expression. The topics covered are mainly useful for situations of everyday life such as: work, sports, vacations, meals, travel, etc.

- **Language courses with activities**

These courses combine general language classes with recreational activities such as surfing, photography, music, yoga, skiing, golf and many more. With these courses you can continue to improve your language level after class while practicing your favorite hobby and meeting people with similar tastes.

- **Courses for pre-university students**

These are general language courses designed for students from 16 to 18 years old. The topics of the classes are adapted to your tastes and needs.

- **Exam preparation courses**

These courses are oriented to the preparation for official language exams that certify your level. The certification can be a requirement to access university or postgraduate studies and is increasingly demanded by companies in their personnel recruitment process.

With the exam preparation courses you will be able to take an exam to certify your language level in an official way. Some examples of official certification are Cambridge or Trinity (in case of the English language). If you want to be certified in German, you can take the DAF test. In the case of French DELF, TEFAQ, etc.

- **Business language courses**

These courses are aimed at people who want to improve their language skills in a business environment. The courses offer written and oral communication so that you gain enough fluency to perform your professional functions within the company and the business world. This type of course will allow you to develop presentations, negotiations, e-mails, reports, letter writing and build your network of contacts in another language.

- **Individual classes**

Individual classes cater to the needs of language learners in a more personalized way. Individual lessons can also focus on concrete or specific areas depending on your needs.

- **Small groups**

These groups have a smaller number of students, with a maximum of 6 per class. This type of course is usually more intensive and allows the teacher to identify the needs of each student in order to significantly improve their spoken or written language level.

- **Programs for families**

These programs are perfect for families with children who want to travel and improve their language level. Parents can attend language classes with adults, and their children will attend junior classes that often include activity programs as well.

- **Teacher training**

Courses aimed at preparing adults to teach a language to students of a country where the language is not spoken as a mother tongue (e.g. teaching English in a private school in Thailand). They are generally geared towards obtaining one of the certifications that are accepted worldwide as valid for this purpose, such as the TEFL or CELTA course (both courses qualify the person to teach English in private language schools).

Also, courses aimed at language teachers who wish to update their knowledge in methodology in an international environment sharing classes and experiences with teachers from other countries. And CLIL (Content and language integrated learning) methodology courses for teachers who teach bilingual education in their schools.

- **Language courses for seniors (+30, +40, +50)**

Focused on adults over 30, over 40 and over 50. You can find a variety of programs for different age groups including general language, business language, intensive, non-intensive and cultural activities with English. If you are an adult in any of these age groups and want to guarantee that your classmates will be of a similar age to you, this is the type of course for you.

- **Long-term courses**

Courses that last between 12 and 52 weeks. These courses are perfect for those students who decide to take advantage of a year or several months to definitively learn a second language, for those students who have finished high school and are not sure what university studies to pursue or for those who are sure that they are going to study at a university in another country and want to prepare themselves as well as possible beforehand so that the language is not a barrier that affects their academic results.

- **Study and work programs**

Some schools offer the possibility of helping the student to find a paid or volunteer job (in countries where the language student is allowed to work) while studying. There are also schools that have agreements with companies for their students to do their university internships in the country. These services are usually charged separately and depend on many factors and availability, so ask us for help to make sure you have all the right information.

- **Specialized language courses**

In this type of course you will learn the language in a more technical way in order to perform better in your profession. You will be able to learn a new language focused on, for example: medicine, engineering, law, aviation, etc. This will give you the vocabulary and technical expressions needed to be a professional outside your own country.

When do the courses start?

Language courses usually start every Monday and are booked for full weeks, but there are courses that start on specific dates. If you want to book a course in high season, you will have to do it as soon as possible, as many schools have limited places, and the chances of finding accommodation that suits your tastes and needs will also be higher if you start looking for it in advance.

What is the minimum duration of the courses?

The minimum duration of a language course is usually between one and two weeks.

How far in advance should I register for the course?

It depends a lot on the destination of the course you choose and the nationality of the student. Generally, the more popular the destination, the earlier the accommodation is fully booked. In addition, it is very important to consider whether you need a visa, as the process can be long, and you need to allow enough time to solve any problems that may arise. In both cases mentioned, starting the process at least three or four months prior to the course would be recommended.

What levels are offered?

Most courses are available for all levels: Beginner, Elementary - Level A1, Pre-Intermediate - Level A2, Intermediate - Level B1, Upper Intermediate - Level B2, Advanced - Level C1 and Expert - Level C2.

How do I know my language level?

Don't worry if you don't know exactly what your language level is before you leave for your destination. The school will take a test to evaluate your skills and assign you to the right class for your language level.

Teaching materials

Most schools sell teaching materials to their students. You should find out if the price includes the material fee or if it is an extra. Some schools offer the opportunity to rent books. Depending on the length of your stay, one or the other will be more cost effective.

How many students are there per class?

The number of students varies according to the type of course and the school you choose to study at, but normally classes are made up of a maximum of 12-15 students. If you take your course in low season, the groups are likely to be smaller than in high season when they are likely to be at full capacity.

Can I work while I study?

It depends on the country where you are going to study. In the United States, the F-1 student visa limits work authorization for international students enrolled in language courses. If you are an European citizen and wish to study in Europe, then it is possible to work while taking your language course.

However, in Ireland, South Africa, Australia, New Zealand and Malta it is possible to work with a student visa. You can check official information on the immigration pages of each country, as each place has its own regulations.

Will I receive a certificate at the end of the course?

Most schools offer a certificate of attendance to students who have attended more than 80% of their classes.

Organized leisure activities

Many schools offer organized activities. Normally, schools have an intensive schedule for classes, usually in the mornings, leaving the afternoons free for a wide range of different themed activities and excursions.

5. Student Housing

Where you choose to live is a very important part of your experience. At Ynsitu we have a wide variety of accommodation options offered by the schools.

Different types of accommodation

- **Homestay:** A homestay offers you the opportunity to experience the local culture. You have the option of renting a single or shared room, and you can choose half board or full board. Your stay can be with all types of families, of different religions, with or without children, pets, etc. You can express your preferences and the school will try to take them into account.

In some countries such as Canada, a large part of the population comes from different countries, and you may be hosted by a family that is not native to the country. That said, you have the right to live with a family that speaks the language of the country fluently.

Most families share a bathroom with all family members and guests. However, you can request a private bathroom paying a supplement.

The distance to the school can vary from a short walk to an hour by public transportation. This basically depends on the availability of host families at the school. In a small city you might be a couple of steps away, but in a big city like New York, Paris, Rome, Madrid or Tokyo, transportation times can be longer.

We recommend that you book your trip as soon as possible, because if you book at the last minute, you may find that there are few accommodations available. If you plan to travel in summer, booking 3 months in advance is highly recommended.

- **Residence Accommodation:** The advantage of staying in a residence is the wide variety of facilities available and the opportunity to mix with students from all over the world. Accommodation options include single room or shared room, and you

can choose to include a meal plan. Other options include private or shared bathrooms and kitchen facilities.

Most residences have common rooms where you can socialize with others who are also staying with you. They often offer additional services such as laundry facilities (coins are usually required), reception and, in some cases, a gym, swimming pool or library. Bed linen and towels are usually included and are changed weekly, but services vary from one residence to another.

Residences usually have strict arrival and departure dates, although in some cases you can request to stay an extra night at an additional cost.

- **Accommodation in Apartments/Studios:** You can find different types of apartments: those belonging to the school or private owners. If the property belongs to the school, the other guests will be students like you. However, if you rent them through an agency, your room mates may not be students.
- **Accommodation in Hostels/Hotels:** You can find different types of apartments: those owned by the school or private. If the property belongs to the school, the rest of the guests will be students like you. However, if you rent it through an agency, your roommates may not be students.

Hostel/Hotel Accommodation: Staying in a hostel is an inexpensive option for short stays. In a hostel you will be able to mix with other people traveling from other countries. Rooms can be double, triple, quadruple or have many beds and a locker where you can store your belongings. Hostels have common areas where you can socialize and shared kitchens, where you can cook your own meals to save money. Some may offer a meal plan or even free breakfast.

As in a hostel, a hotel also provides 24-hour reception and can advise you on places to visit or eat, transport to take and may even be able to sell you transport passes and tickets for popular tourist attractions. You may be able to have breakfast, lunch and/or dinner at the hotel.

- **Teacher Homestay:** Some schools offer the option of staying with a language teacher, who will welcome you into their family and make you feel like one of their own. This alternative is similar to homestay but will allow you to fully immerse yourself in the language and culture, and achieve great results.

Meals: Is food included in the accommodation?

As mentioned above, the meal options will depend on the accommodation, each one will give you the option they can offer. There are different options: full board, half board or self-catering. Below, we explain the meaning of the different types of meals:

- **Self-catering (SC):** This means that the price of your accommodation does not include meals, but in many cases, you will have access to the kitchen so you can prepare your own meals.
- **Bed and Breakfast (BB):** This means that breakfast is included in the price you have paid for your accommodation.
- **Half Board (HB):** It means that breakfast and dinner are included in the price of the accommodation. In some cases, you can choose the lunch option instead of breakfast (ask us for more information).
- **Full Board:** Breakfast, lunch (which is usually a Tupperware with food to take away) and dinner are included in the price you have paid for the accommodation.

Apart from these meals, there is also the option of special diets for vegans, vegetarians, coeliacs, etc. If they are available, they should appear on the website, however, you can call the school to make sure and ask them directly, as well as inform them about your specific conditions.

6. Transfer services

The transfer to your accommodation from the airport or train station can be arranged by your school or your accommodation and it is optional. This option is suitable if you

want to relax after a long trip or if you do not have a good command of the local language.

In some cases, in big cities, airport transfers are provided by cab companies chosen by the school. So, these drivers already have the address of your accommodation and know where to take you. They will usually be waiting for you with a sign with your name on it in the arrivals area of the airport. They are always in direct contact with the school staff and will be available on the emergency number provided in case you need to report a flight delay or any other issue.

In small cities, the transfer from the airport is usually done with the school staff or even with the host family. You can also get to your accommodation by cab, train or bus.

7. Book your course / accommodation

If you have already made the decision to travel abroad, don't waste any more time. If you book your course and accommodation in time, you can benefit from cheaper flight prices and you will have more time to complete the necessary administrative steps, such as visa application, extension of your health insurance and get your desired course and accommodation.

Booking with Ynsitu is very easy. Select the language, the type of course, the country and even the city you are interested in. Select "see the course", ask us for information or select the dates and book it yourself.

After selecting the course you want, you can also book the accommodation by selecting the type of accommodation you want.

Once you have selected all the options, on the right-hand side, you will see the summary of your reservation with all the information about the course and accommodation, as well as their prices. You can also choose whether to pay in full or pay only a part of the total amount to make your reservation effective and leave the rest for later in case there are more than 30 days left to start your language course (be

aware some countries require full payment in advance to start the visa process).

Please note that reservations are not confirmed until you receive verification from the school/accommodation. When your reservation is confirmed, your place will be secured until the balance is paid in full. You can pay the deposit by credit card, PayPal account or bank transfer, whichever you prefer. The deposit paid at the beginning will be deducted from the total price. You will receive an email about your payments and reminders of what you have left to pay.

Can I book a course without accommodation?

Surely. Booking accommodation is optional. Many students travel to a city where they know someone or have a friend living there and stay in their home, and others prefer to look for accommodation on their own.

Choose the way you prefer and best suits you to find accommodation in the destination city of your choice.

Can I book accommodation without the language course?

This option would not be possible, as the accommodations are available for people who take a course through our platform.

What you could do is to take the accommodation for a longer period. That is to say, take a course of 8 weeks and book accommodation for 9 weeks, either because you want to settle in before starting the course or because you want to do some sightseeing after finishing it.

What are the advantages of booking through Ynsitu?

We are the portal with the largest variety of language courses abroad in the world today. We make available to users 92% of accredited language schools, which represents more than 50,000 combinations of courses and accommodations in more than 50 countries.

At YNSITU, we have a two-fold mission:

- We make it easy for those who wish to take a language course abroad to search, compare, choose and enroll in the course and school of their choice, as well as book accommodation if they also need it, and all with maximum security and guarantees in the completion of the entire process.
- We offer language schools around the world the possibility of making their educational offerings available to the millions of people who every year want to travel to another country to study the language spoken in that destination.

What do we offer you?

All the options

No matter what language you are looking for or where you want to study it, at YNSITU you will find practically the entire offer of accredited language schools in any country in the world.

Direct prices from the schools

YNSITU does not intervene in any way in setting the prices that schools display on our website. The prices shown on YNSITU are those established by each school. We are an absolutely transparent platform.

No booking fees or commissions

At YNSITU we do not charge students any booking or administration fees. What's more, if you enroll early enough you can secure your place by paying only 10% of the course fee (in case you don't need the full payment confirmation to start your visa process).

Book securely

We process all bookings and payments securely, guaranteeing your privacy and offering the most popular payment methods.

Cancellation

Many schools offer free cancellation if you cancel 30 days before the start of the course, but cancellation policies may vary according to each school's policies. Find out what your options are by using the "cancellation and flexible changes" filter.

Ask for our help or advice

If you have questions about how YNSITU works, the enrollment process, the steps after you have enrolled, or even if you need advice on deciding which course to take and where to take it, our team of student advisors is available to answer your questions. They will assist you by email, telephone, chat or videoconference.

Interact directly with the school

Through the private area of YNSITU, you can contact the school directly to have any further questions answered.

Section 2

Your language study abroad trip

Congratulations! You've decided to learn a language in a different country. Now it's time to start thinking about how you're going to prepare.

There is a lot of work to do in order to meet deadlines, as well as planning what you will need while studying abroad. We help you through the whole process of booking, reviewing information, confirmation, what documents you need and how to acquire them, where to look for flights and what to do once you've booked, money issues, how to keep in touch with family and friends, the best methods of language preparation, tips, resources, books and maps.

1. Review the information in your booking summary.

Check the booking information in your customer area and in the mail.

Once you have booked your course, accommodation or any other additional service through Ynsitu, you will receive an email: "Booking summary". Check all the information in this email and in your customer area. Taking 10-15 minutes now can save you long headaches and help you make the most of your experience abroad.

- **Is your name, email and contact information correct and complete?** Make sure everything is correct.
- **Are the school and location correct?** Make sure you are enrolled in the correct school and in the correct country.
- **Are the correct start date and end date listed?** Make sure your arrival and departure match your planned travel plans.
- **Is the course the course of choice?** Make sure you are enrolled in the right program.
- If you have booked any **additional services**: Are they included?

- Have you paid the **deposit**? If you have selected transfer to pay the deposit, please note that your reservation will not be sent to the school/accommodation until we receive the payment.

Once the deposit which is part of the total amount has been paid at the time of booking, the school/accommodation will confirm the availability of the required services and confirm the reservation and enrollment. Usually in less than 2 working days you will receive a second e-mail with your booking confirmation and bank details. The rest of the money will not be due until 30 days before the start of the course unless your circumstances require an advance payment. In any case, you will receive emails about your deposit payment and also reminders about the rest of the money to be paid.

Ynsitu recommends that you do not book your flights before you receive your school/accommodation booking confirmation. Please wait until the program is confirmed before booking any non-refundable fees.

Check the information in the email and in your client area of the booking confirmation.

Once your reservation is confirmed by the school, your place will be guaranteed until you pay in full. You will receive an email with the confirmation of your reservation, instructions on how to pay the balance of the reservation including contact details and a description of the services reserved.

- Have you provided your **flight details to the school**? If you have booked accommodation and/or airport transfer, you will need to provide your flight details.
- Check the contact **information of the school or accommodation** and do not hesitate to contact them directly.
- Double check the **description of the services booked**.

- Have you paid the **balance of the reservation**? Please note that services must be paid in full 30 days prior to the start of the course in order to complete enrollment and secure a place in the course and/or accommodation. When booking accommodation through a school, the exact address is usually provided by the school when payment is completed and flight details are received.

If you have received confirmation of your booking, you can start detailed planning!

2. Documents

Passport

If you do not have a passport, you should apply for yours immediately to save yourself headaches when it comes to expediting the paperwork. This process can take up to 6 months if you have never had a passport before. If you already have yours, please check the expiration date and make sure it is valid for your entire stay. Some countries require your passport to be valid for six months from the date of entry.

If you are a European student traveling in Europe, you will need to check the validity of your ID card, as you will only need your national ID card. It is very important that your identification document is valid for your entire stay.

Visa

Many countries do not require a travel visa, however, there are some that do. Also, the length of your stay is a very important factor, as it means one type of visa or another. Some countries require a visa for a stay of more than 30 days. It is the student's responsibility to arrange all applicable travel/visa permits and to have a valid passport. Ynsitu is not responsible for determining whether the student needs a visa or not. Visa regulations change from time to time; therefore, we advise you to contact the relevant Embassy/Consulate in your country for updated information.

Neither Ynsitu nor the schools can apply for visas on behalf of students. However, schools can provide you with all the documentation you need to apply for a visa,

including a letter of acceptance and a receipt of payment of fees. The visa application process is different for each country, but a minimum of these two documents are required in most situations. At Ynsitu we can recommend a partner company that can help you through the entire process.

International driving license

If you wish to drive a car during your stay, some countries will let you do it for a few months with the license of your country, in others, you will need an international driving license. You can find a lot of information about this at: <https://international-license.com/>

Photocopy of your important documents

It is advisable to make a photocopy of your passport identification page, booking confirmation and other important travel documents and carry them in a separate place from the originals. It is also recommended to leave a photocopy at the accommodation. Always have a copy of your travel details, confirmation in your carry-on luggage with emergency contact numbers, accommodation address, basic information about the destination, etc.

Another option is to scan all documents and email copies to yourself. This way, if something gets lost, you will be able to access these documents easily through the internet.

3. Book your flight

Ynsitu does not book any flights for students, however, we recommend search engines that allow you to compare flights based on prices, dates and/or your preferences. In the school profiles at Ynsitu.com you will find information on which international airport is closest to the school. If you have found a cheap flight that suits your needs, book it. We recommend you book your flight in advance, as you can save a lot of money, but never before you have received the confirmation of your booking.

Send your flight details to the school

If you have booked your accommodation or airport transfer through the school, please send your flight details so that everything is organized for your arrival. You will then get all the information about your accommodation.

Be prepared for unforeseen events

Unexpected delays, cancellations, as well as any other unforeseen events can happen even if you have organized everything in detail. Ynsitu recommends you to check flight details and schedule with the airlines, familiarize yourself with airline procedures and security procedures and keep the school or accommodation informed of any changes regarding your arrival.

4. Insurance

Obtain personal insurance

We advise all our students to have an insurance in case they need to return home early, need medical assistance or other unforeseeable circumstances.

From Ynsitu we offer you two additional insurances that you can select if you want:

- **The travel assistance insurance Rest of the World:** Forget about travel insurance with limited coverage. We recommend the service of our partner company (ERV Insurance). Most of the medical assistance services (such as accidents) have no limit, you can find out all the relevant information in the following link: https://www.ynsitu.com/PDFs/seguro_asistencia_viaje.pdf
- **Cancellation insurance:** Receive up to 100% of the expenses you would have incurred in case of having to cancel your trip for any reason covered by the 32 guaranteed causes, presenting the documentation that justifies it. Check out all the information at the following link: https://www.ynsitu.com/PDFs/seguro_cancelacion.pdf

5. Money

From Ynsitu we recommend students to think about the budget they have available to prepare for the language study abroad trip.

Make a list of everything you can think of that you will have to pay for on a daily basis. Don't forget to include rides, meals, transportation and a little extra money in case of emergency.

Currency exchange

Banks and airports are not usually very economical options for exchanging money, so it is important for students to do their research and anticipate the exchange rate to calculate their actual budget for their trip.

List of important things to keep in mind regarding budgeting

- Additional luggage on the plane.
- Entry and exit taxes at some airports.
- Entry costs as a tourist.
- Visas and permits.
- Extracurricular activities not included/excursions.
- Books and other materials.
- Housing deposit (in case of residence halls or studios, for example).
- Transportation.
- Daily meals.
- Gifts.
- Telephone/internet fees.
- Incidentals: medicine, batteries, clothing, toiletries, etc.

6. Stay in touch

SIM card for your cell phone or Roaming

We recommend that you buy a prepaid SIM card for your cell phone in your destination country. This way, you will save a lot of money and you will always be connected, but first you have to make sure that your phone is unlocked.

But if your destination country is within the EU, you may be able to benefit from "roaming", talk to your operator before you travel to find out what the specific conditions are in your case. You can also use a variety of apps to keep in touch with your family and friends via video call. Whatsapp and Skype are two of the mostcommon.

7. The suitcases

Before you start packing your bags, it is essential to know what the weather will be like at your destination. The best way to find out is on the Internet, for example, at: <https://weather.com/es-US/>.

Baggage

Please make sure that your luggage does not exceed the allowed weight, as you will have to pay an additional fee if your suitcase has more kilos than allowed.

We recommend carrying liquids such as shampoo, gel, etc. in small containers. That would be enough for the first few days. Afterwards, you can buy them at your destination. This way, you will save weight in your luggage.

If you use prescription drugs, make sure that they are allowed to enter the country and that you have the necessary documentation or justification, whether it is a prescription or a doctor's note.

8. Language preparation

It is always an advantage to familiarize yourself with the language before traveling. In most travel guides you can find some useful phrases for everyday life, take a look at them, as they may be useful in your first days. You can also watch some movies or series in the new language, this way you will get used to the pronunciation. Another possibility is to do grammar exercises on the internet. There are a lot of websites where you can find some for free.

9. Take care of your health abroad

Before leaving, please visit your doctor. He/she will inform you about the necessary vaccinations for your stay at your destination.

Our advice:

- Do not drink tap water until you are sure it is safe to drink. At first it is better to buy bottled water.
- Wearsunscreen.
- Wear insectrepellent.
- Be sure to cook your food properly.

Section 3

1. How to get the most out of your language course abroad?

Time spent learning in another country will be a once-in-a-lifetime experience that has the potential to offer many advantages. Not only will you have the advantage of learning a new language and experiencing a different culture first hand, but this type of experience will also enrich your resume. It's no secret that companies are looking for candidates who have studied abroad, so this can be a plus after your studies when the time to find a job comes. However, in order to reap all the potential benefits, you'll need to know how to get the most out of your language course abroad.

Plan ahead to get the most out of your language study abroad experience

Plan your experience in advance to ensure that you have not only a basic agenda for your time abroad, but also the activities you are likely to do. It is important to make the most of your time. Of course, you don't have to plan something for every hour of the day but knowing what the possibilities and options for activities are will be very useful and beneficial. Plans can always be changed on the fly but having a general idea of what you want to do and how you are going to spend your time is always good.

Start by first asking yourself what your goals are for your trip and what you want to accomplish. Are your reasons for going abroad purely personal or are they related to employment and training? When organizing your free time, don't forget to leave some time for study and homework, as this is the main reason for your trip. Try to find out in advance how much academic class time you will have once you start your study abroad, leave some hours for practice and self-study, and use the rest of your free time to get out and immerse yourself in your surroundings.

A great way to find detailed information about planning your trip is to get in touch with others who have already had a similar experience abroad.

Scheduling your language study abroad program

When it comes to your trip abroad, there are a few other things to consider as well. When looking for the best program or course, some schools offer discounts if you book your trip well in advance or during the off-season). For some, a learning exchange is a beneficial way to absorb even more experiences, so if you are one of these people, scheduling your trip with a friend might be a great idea. However, it is important not to try to speak in your native language with your travel companion all the time. The language you should communicate in should always be the language spoken at the destination in order to get the most out of your experience.

Once there, enjoy yourself

Your study trip is for educational purposes, but with good planning your language course abroad will also be an opportunity to have fun. Keep your expectations in line with reality: it's not a full-fledged tourist trip, so don't always expect the glamour of a five-star hotel. Keep in mind that you are not in your home country and customs may be very different: be open, adapt to the environment and enjoy it like the locals.

Once your attitude is in tune with the environment, visit places of interest, try the local cuisine. Be a traveler, not a tourist.

Don't forget to always sleep well, eat properly, and plan your activities to make the most of your language trip.

2. What to do after your great experience abroad?

We would like to thank you for booking your course/accommodation through Ynsitu.

We would like to ask you to tell us about your experience: was the booking easy, did you receive help from our consultants? Let us know so we can improve our service for future students.

Also, would you send us a picture of yourself during the trip? We want to personalize the comments to increase the trust in Ynsitu.

You can find us on social networks.

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Enjoy your trip!

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